

**THE BIG QUESTION:
What does it mean to be a Buddhist?**

Key Vocabulary

Word	Definition
Buddha	A teacher on whom Buddhism is founded.
Temple/Centre	A place of worship for Buddhists.
Deity	A God or divine character.
Meditation	The act of being still and quiet to reflect and contemplate.
Siddhartha Gautama	The person who went in search of answers and became Buddha.
Monk	A person who lives a strict religious life promising to be obedient and live a very basic life.
Enlightenment	A state of being and mind that realises the true self and false self.
Dharma	The truth of Buddhism as believed by Buddhists.
Aum	A spiritual symbol in Buddhism

Key Skills

- Research the origins of Buddhism through exploring maps.
- Learn Buddhist stories through reading and listening and discuss their meaning.
- Understand places of worship through virtual tours.
- Learn how and why symbols express religious meaning.
- Reflect on how spiritual and moral values influence their behaviour, choices and those of others.
- Begin to understand religious diversity
- Reflect and respond thoughtfully to the significance of meaning behind different beliefs and practices.

Subject Knowledge

- Buddhism originated from Asia, and can now be found all around the world.
- Prince Siddhartha found enlightenment and became a great teacher.
- Buddhists attend centres or temples to practise their beliefs including meditation.
- Symbols including the 8-fold path and the symbol of peace.
- Buddhists believe in compassion, inner peace, respect, generosity, suffering and many other qualities.

