

LUNCHTIME CQ

Week 1

Commencing • 28th Oct • 18th Nov

• 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

*Menu choice
1*

Vegetable burger
with wedges

Creamy salmon &
vegetable pie

Beef lasagne
with garlic bread

Roast pork with
roast potatoes &
gravy

Fish fingers & chips
with garden peas &
tomato ketchup

*Menu choice
2*

Homemade cheese
& potato pie
with baked beans

Penne pasta tomato
and basil bake

Vegetable hot pot
served with rice

Vegetarian
sausages with roast
potatoes & gravy

Roasted vegetable
& bean pasta bake

*Menu choice
3*

Pasta with roasted
pepper sauce

Jacket potato with
tuna mayo & cheese

Penne pasta with
tomato and basil
sauce

Jacket potato with
cheese and beans

Pasta with tomato
and garlic sauce

Desserts

Chocolate brownie

Jelly

Marble cake
with custard

Fruit cookies

Sticky toffee
pudding with custard

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Available
every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.

LUNCHTIME CO

Week 2

Commencing • 4th Nov • 25th Nov

• 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

*Menu choice
1*

Cheese and tomato
pizza

BBQ chicken with
new potatoes

Cottage pie

Roast chicken, roast
potatoes, Yorkshire
pudding & gravy

Battered fish &
chips with tomato
ketchup

*Menu choice
2*

Cheese cauliflower
& broccoli bake

Vegetable stir fry &
noodles

Chick pea & tomato
ragu with rice

Quorn fillet, roast
potatoes, Yorkshire
pudding & gravy

Quorn & vegetable
bake

*Menu choice
3*

Pasta with mixed
vegetable & tomato
sauce

Jacket potato with
tuna mayo & cheese

Pasta with
arrabbiata sauce

Jacket potato with
cheese and beans

Spaghetti with
hidden vegetable
sauce

Desserts

Apple crumble &
custard

Cheese cake &
chocolate drizzle

Shortbread biscuits

Fruit flapjack

Chocolate sponge
cake with chocolate
custard

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO.

Week 3

Commencing • 11th Nov • 2nd Dec

• 6th Jan • 27th Jan • 24th Feb • 16th March



MEAT FREE

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

*Menu choice
1*

Macaroni cheese

Sausage, mash &
gravy

Beef burger with
potato wedges

Roast turkey with
roast potatoes &
gravy

Fish fingers, chips,
garden peas &
tomato ketchup

*Menu choice
2*



Cheese and onion
quiche

Quorn sausage,
mash & gravy

Vegetable lasagne
with garlic bread

Broccoli & tomato
pasta bake with
melted cheese

Vegetable pitta
bread pizza

*Menu choice
3*

Pasta with vegetable
ragout sauce

Jacket potato with
tuna mayo & cheese

Pasta with cheese
sauce

Jacket potato with
cheese and beans

Broccoli & tomato
pasta bake with
melted cheese

Desserts

Apple sponge
pudding with custard

Sliced fresh fruit

Chocolate cookies

Sliced fresh fruit

Jam sponge &
custard

Sliced fresh fruit

Ice cream

Sliced fresh fruit

Bakewell tart

Sliced fresh fruit

*Available
every day:*

- Seasonal vegetables
- Selection of fresh salad

Some of our food may contain allergens. Please ask our chef for advice.

***Our mission** is to make your lunchtime meal the highlight of *your* day.*